



February 18, 2013

**DIVISION MEMORANDUM**

No. 110, s. 2013

**COMPOSITION AND TRAINING OF INDIVIDUAL, DUAL AND MAJOR TEAM SPORTS  
FOR PALARONG PAMBANSA 2013 and OTHER PERTINENT INFORMATION**

To: OIC, Assistant Superintendents  
Division Supervisors/Coordinators  
District Supervisors/OICs  
Elementary and Secondary School Heads  
Heads, Private Elementary and Secondary Schools

1. Per DepEd Memorandum No. 4, s. 2013, the Palarong Pambansa shall be held on April 21-27, 2013 at the Governor Mariano Perdices Memorial Coliseum, Dumaguete City to be hosted by the Provincial Government of Negros Oriental and DepEd Regional Office VII assisted by the Schools Division Office of Negros Oriental and the City Schools Division of Dumaguete City.

2. Attached is the final recommended list of athletes, coaches, assistant coaches, chaperons, and trainers of the individual, dual and major team sports of Cebu Province who will participate in the 2013 Palarong Pambansa in Dumaguete City.

3. As of this date, school-based training of major team sports shall continue from Monday to Friday with the school identified coach to lead, mentor and assist; the school PESS/MAPEH teacher to check the daily attendance and the respective school/district head with the Division PESS Coordinators to monitor their athletes' performance. Trainings during Saturdays and Sundays will be optional especially in the "Home and Away Games" competition where appropriate parent's permit shall be secured. For the individual, dual and racket sports events, the home-based training will still be adopted. The school or the District of the Champion team or the core team shall accommodate and give necessary assistance including the search for host parents of the pick-up athletes coming from the different divisions who will join the said training. The training and class hours should be properly arranged with the teachers. The safety of the athletes/teams must be given priority. A memorandum on the Division-initiated training as well as the regional centralized training will be issued later.

4. The schedule of activities is as follows:

- **February to March 26, 2013** – continuation of the school-based training
  - Monday to Friday, 3:00 to 5:00 P.M.
  - Saturdays and Sundays- Optional; Coaches be given due service credits
  - March 27-31, 2013 – Holy Week (Training suspended)
- **February 18 to February 25, 2013**- Submission of athletes' credentials to the Division Office (Attention: Mrs. Candelaria Conjie, Ms. Arne Larrae Dignos and Ms. Jessica Quintana, Credentials In-Charge )
  - **AR** – write the lower meets up to the higher meet
  - **Form 137** - entries be complete; grades up to 3<sup>rd</sup> rating; all signatures be signed over printed name and in **blue ballpen** (adviser, principal and Division PESS Coordinator);
  - **6 pcs. ID pictures**, identical for **athletes; 5 pcs for Coaches & Asst. Coaches**, White background;
  - **Picture gallery** – with BEIS School ID;
  - **Certificate of Completion** – no date;
  - **Coaches'/Asst. Coaches' Appointment** – must be certified true copy by the Supt/ASDS/Adm. Officer

- **Form 212** – original not photocopy
- **All forms** must be in long size bond paper ; **NO erasures**
- **Dental & Medical certificates** of athletes as well as the coaches, assistant coaches, chaperons and trainers should be issued not more than 3 months prior to the opening of the Palarong Pambansa;
- **February 26 to March 8, 2013** –Submission of credentials to the Regional Office
- **April 1-2, 2013** – Training will resume
- **April 3, 2013** - All athletes, coaches, asst. coaches, trainers and officials will report to the Cebu City Sports Center, Cebu City for a Pre-departure Orientation bound for Dumaguete City for centralized training;  
(All concerned are advised to bring lunch box, glass/cup, spoon and fork & bedding)
- **April 4, 2013** - Departure for Dumaguete City
- **April 6-18, 2013** – Centralized Training
- **April 11, 2013** - Screening of Athletes and Coaches by the National Screening and Accreditation Committee (NSAC)
- **April 18-19, 2013** – Refresher Course of All Officiating Officials,GMPMC  
(Gov. Mariano Perdices Memorial Coliseum)
- **April 20, 2013** - Solidarity Meeting, GMPMC
- **April 21, 2013** - Opening Ceremonies/Program
- **April 22-26, 2013**- Competition Proper
- **April 27, 2013** - Closing Program
- **April 28, 2013** - Homeward Bound

5. Traveling and other incidental expenses incurred during the training shall be charged against School/Division MOOE/Local Funds, PTA Funds, School Board Funds, sponsorship and other sources, subject to the usual accounting and auditing rules and regulations.

6. This Memorandum shall serve as the participants' Authority to Travel.

7. For the guidance and strict compliance of all concerned,

**ARDEN D. MONISIT, Ed. D.**  
**Schools Division Superintendent**

*Arden D. Monisit*

**LIST OF SELECTED ATHLETES, COACHES, CHAPERONS & TRAINERS  
FOR PALARONG PAMBANSA 2013  
(CEBU PROVINCE)**

**ELEMENTARY**

EVENT	NAME	DISTRICT/ MUNICIPALITY	COACH/ASST. COACH/ CHAPERON/TRAINER
1.ARNIS, Boys	Cunag, John Lloyd	Sangat, San Fernando	Laura Rubillos, Coach
2.ARNIS, Girls	Manhihilot, Richlyn	Consolacion	Arnel Great, Trainer, B/G
3. ATHLETICS, Boys	Navarro, Aldemar	Bantayan	Aurora Escarro, Asst. Coach (Bantayan) Noel Escarro, Trainer
	Tomarong, Janvel	Pinamungahan	
4. ATHLETICS, Girls	Cabucos, Shaina	Daanbantayan	Antonieta Rodrigo Coach (Daanbantayan) Roselyn Wagas Chaperon
	Condrillon, Kisha Mae	Daanbantayan	
	Gabay, Isadora	Daanbantayan	
	Estella , Shiela	Boljoon	
	Montebon, Jacqueline	Tuburan	
5. BASEBALL	Bantecil, Rolito	Sogod	-
	Roma, Dede Aquim	Sogod	
6. BASKETBALL, Boys	Cueva, Denver John	Dalaguete	-
7.BOXING	Zeta, Monvic	Tabunan, Borbon	-
8.SOFTBALL	Melendres, Cleo	Compostela	-
9.TABLE TENNIS, Girls	Dadula , Joy Marie	Mulao, Compostela	Nicodemo Ponce,Trainer
10.TAEKWONDO, Boys	Genarez, Philip	Consolacion (BLES)	-
11.TENNIS, Girls Doubles	Parangan, Edhel Krizia	Balamban Central	Salvacion Paubsanon Coach(Balamban)
	Tabotabo, Xandria Joie	Tuburan	
12.VOLLEYBALL, Boys	Cabaron, Kent john	Moalboal	Wendell Buaya Coach (Moalboal)
	Joring, Jade	Catmon	
	Mantuhac, Adrian Timothy	Liloan	
	Oro, Jesufel	Catmon	
	Pepito, John Philip	Compostela	
	Quia-ot, Vicxer	Moalboal	
	Velos, Earl Jonathan	Badian	
	Villagonzalo, Keith Andrew	Moalboal	
13. VOLLEYBALL, Girls	Arizo, Bernalyn Fe	Catmon	Vilma Veloso, Coach Cecile Bragat, Chaperon Dominic Themy Macuto Trainer (Catmon)
	Bate, Janzel	Catmon	
	Bazarte, Chenae	Catmon	
	Bragat, Justine Therese	Catmon	
	Capangpangan, Queenie Jane	Liloan	
	Densing, Lyn Ross	Catmon	
	Duran, Mary Gwyneth	Catmon	
	Estenzo, Kim Alison	Catmon	
	Orlanes, Valerie Reed	Catmon	
	Prescillas, Maryjay	Tabogon	
<b>TOTAL</b>	<b>36</b>		<b>12</b>

SECONDARY

1. ARNIS, Girls	Unabia, Editha Jan	San Fernando	-
2. ATHLETICS, Boys	Judy, Dandy	Liloan	Ronilo Paragsa Coach (Bantayan)
	Molde, Mark Ervin	Catmon	
	Moreno, Jude Michael	Daanbantayan	
	Rabia, Jhaye	Minglanilla	
3. ATHLETICS, Girls	Bucag, Gia	Balamban	Archie Gallego Asst. Coach (Daanbantayan)
	Gulfan, Carine	Daanbantayan	
	Luafia, Jay Ann	Catmon	
	Urzua, Lynette	Argao	
4. BADMINTON, Boys	Armamento, Alfredo Alejandro	Carmen	-
	Quindao, Niño Jay	Carmen	
	Albano, Nilo	Asturias	
5. BASEBALL	Alcoreza, John Loue	Balamban	Donato Inting, Coach (Asturias)  Oscar Trazo Trainer (Asturias)
	Aguanta, Jomar	Asturias	
	Hermocilla, Clynne Jay	Asturias	
	Hermocilla, Noel Jefferson	Asturias	
	Jayme, Jetlee	Balamban	
	Narvasa, Mitch	Asturias	
	Palicte, Michael Joed	Asturias	
	Rallos, Clint John	Asturias	
6. BASKETBALL, Girls	Arrogante, Jessibel	Daanbantayan	-
7. BOXING	Gersale, Clint (Mosqto)	Consolacion	-
8. CHESS, Girls	Cababan, Charah Eve	San Remigio	Arsenio Cababan, Trainer
9. SEPAK TAKRAW	Garcia, Reymundo	Bantayan	Ronaldo Desamparado, Trainer (Bantayan NHS)
10. SOFTBALL	Perales, Sheila Mae	Compostela	-
11. TAEKWONDO, Girls	Lim, Andrea Janna (Welter Weight)	Minglanilla NSHS	-
12. TENNIS, Boys	Parangan, Ed Adrian	St. Francis, Balamban	-
13. TENNIS, Girls	Bornia, Alyssa Mae	Tuburan	Jude Marie Abarquez, Coach (Tuburan) Prospero Ruelan, Trainer
	Castro, Crizzelle Elise	Argao	
	Kintanar, Crissianne Issa	Argao	
14. VOLLEYBALL, Boys	Cabaron, Alben Dave	Moalboal	-
15. VOLLEYBALL, Girls	Rondina, Cherry Ann	Compostela	-
<b>TOTAL</b>	<b>32</b>		<b>8</b>

ARDEN D. MONISIT, Ed. D.  
Schools Division Superintendent